

Student Handbook



Bray Language Centre
Spring / Autumn Programme

Student Name: _____

Group: _____

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Welcome

Bray Language Centre has been welcoming students from all over the world since 1995. Quite soon now you will experience that welcome for yourself.

We will provide a friendly, warm and welcoming learning environment for you. All students regardless of age, race, religion, gender or English level are treated equally.

Our aim is to provide high quality facilities and courses that exceed the expectations and needs of all our students. We spend a lot of time in planning our courses so that you have a positive and fun learning experience.

You will have English classes five mornings per week and we expect all of our students to work hard at improving their English.

We also offer a varied afternoon activity programme on five days and an excursion on Saturdays.

You will stay with a carefully-chosen, friendly family who will make you feel at home and give you some insight into Irish life and culture.

We hope you will enjoy your English Language and Activity Course with us, make new friends and most of all improve your English.

Kieran Farrell
Director



Before You Travel

What documents do I need?

For entry into Ireland you will need a valid passport issued by your own country or a national identity card if you are from an EU country. A special visa is required for some nationalities. Please check the regulations when you make your travel arrangements.



Do I need Medical and General Insurance?

Yes. Unless you are from an EU country, or a country which has a health agreement with Ireland you will need medical insurance. We also recommend that students have travel insurance to cover loss of possessions etc.

Do I need to bring a lot of Pocket Money?

Since the course fee you have paid includes transport, activities and accommodation, you do not need a lot of pocket money. You will only need money for snacks, drinks, souvenirs and shopping.



Valuables

BLC accepts no responsibility for loss of money, valuables or personal belongings in school, in the host family home or while engaged in activities or excursions. Before travelling seek advice from your parents and group leaders about how to secure your cash and valuables while on the course. Do not carry large amounts of money with you and do not leave your valuables unattended at any time.

What clothes do I need?

Apart from everyday clothes and personal wash kit, you should remember to pack a warm jumper or two, a rain jacket, hat/cap and umbrella.



Will I be able to use my mobile phone?

Mobile phones are the most convenient way of communicating but they can also be expensive. Use of Skype, WhatsApp, Viber, Messenger etc. can save you a fortune on call charges. Wireless broadband is available in most places.

999 is the number for emergencies - fire, police or ambulance.



Do I need to bring school materials with me?

Yes, you need to bring all the usual student equipment - pens, pencils, eraser, notebook etc.



You do not need to bring towels but you will need at least one international power adaptor.

What will the weather be like?

Check the weather forecast and prepare for mixed weather. In Spring and Autumn the weather tends to be cool, windy and sometimes wet.

Student Welfare

Every student's safety and enjoyment is very important and during your stay we will provide:

- A warm welcome.
- A tour of the surrounding area.
- All the information you require to participate in the programme.
- Emergency 24/7 telephone numbers.
- An organised activity and excursion programme.
- Comfortable and clean accommodation with a friendly family.
- Trained, friendly and helpful staff.
- Qualified and experienced teachers.
- First Aid Qualified staff members.
- Health and safety information including emergency evacuation procedures for the school and road safety.



We want you to enjoy your stay, make new friends and learn lots of English.

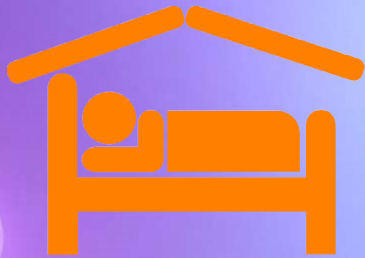
There are many things you can do to help yourself as well:

- Enjoy yourself and be happy.
- Speak as much English as you can.
- Be courteous and polite towards everyone.
- Take care of your personal valuables at all times.
- Be careful when crossing the road; remember we drive on the Left.
- Always arrive to your lessons and activities on time.
- If you see anything or anybody strange please tell one of the our staff immediately.
- If you have any problems during your stay in Ireland, speak to your group leader, your teacher or your host mother.



Don't Worry,
Be Happy!

The People Who Will Take Care Of You



The Accommodation Officer

has worked hard to provide you with a carefully-chosen family who will provide you with a warm welcome and care for you during your stay in Ireland.

The Group Leader

is the adult who accompanies you on your journey to Ireland and looks after you and your interests during the course. He/she will act on your behalf and communicate with members of our staff to help resolve any problems you may have.



The English Teachers

are all qualified and have experience of teaching teenagers. They prepare and deliver well structured and varied lessons to ensure that all students have the opportunity to improve their English in a positive learning environment.



Talk to your group leader or your teacher if you have a problem. At home talk to your host mother. If it's an emergency ring the emergency contact numbers on your ID card.



What is Expected of You?

Respect	Students must treat all staff, host families, members of the public and each other with respect at all times.
Please/Thank You	Students must remember to be courteous and show good manners at all times.
Speak English	Students are expected to try and speak English at all times whether at school, during activities or in their host families. This applies even when talking to people of the same nationality.
No Bullying	Bullying is the deliberate and/or repeated action of making another person unhappy. Bullying of any type will not be tolerated and may result in students being sent home. Students are expected to report any bullying to a member of staff.
Integration	Students are expected to try to integrate as much as possible with all students of different nationalities and with members of the host family.
Centre Rules	All students are expected to follow the rules explained by their teachers during the first class.
Travel & Walking	When walking to and from school and on excursions always be aware of what is going on around you. Always travel in pairs and never travel on your own. Always make sure you tell your Group Leader / Friends and / or Host Family where you are going.



Arrival

You will be greeted by a member of our staff at Dublin airport and brought by coach to the school. On arrival, the Accommodation Officer will meet you off the coach.



What Happens Next?

Once the students have alighted from the bus they are introduced to their host families.

The families receive the final draft of the student programme and a reminder of the arrangements for the first two days.

If there is an activity for the group on the day of arrival, the families drop the students to it and pick them up afterwards. The students receive all necessary documents; final activities programme, ID card, bus/rail travel pass etc. from their group leader.

The families drop the students to school on the first morning of class.

Departure

Your host family will take you to the school for departure by coach to the airport.

In general, groups depart Bray 4 hours before their flight is due to depart Dublin Airport.



The School Day

Time	Students	
08.30-09.00	Arrive at school	
09.00-10.30	Lesson 1	
10.30-11.00	Break	
11.00-12.30	Lesson 2	
12.30-13.00	Lunch	
13.00-17.00	Afternoon Activity	



Placement Test

Before you arrive you will complete a placement test online. You will receive details of how to access and complete the test from your group leader or, in the case of individual students, directly from the administration staff in our office. This tests your level of English, so that we can put you in the right class for your level. The test focuses on grammar and vocabulary, and you will know what level you have been placed at before you arrive in Ireland.

Alternatively, your group leaders or your teachers at home may place students into classes before departing for Ireland.

If you are not satisfied that you have been placed at the correct level, speak to your group leader about it.



BLC Teachers

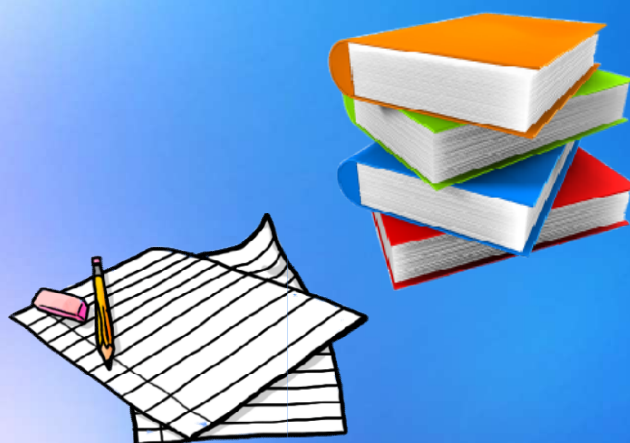
All of our teachers are professionally trained with specialist qualifications in English language teaching such as the Cambridge Certificate and Diploma, in addition to educational qualifications from universities and colleges. All of our teachers are experienced in teaching young learners and teenagers.

Teaching Resources

Your teacher will use a wide variety of supplementary materials including appropriate resource books and authentic materials, such as newspapers, magazines and TV news. Your teacher will assess all students daily incorporating speaking, listening, writing, vocabulary and grammar. This continual assessment will be used at the end of your course to determine your level for certification.

What are the School Rules?

- 1) Students must attend their lessons and be on time for lessons every day.
- 2) Students must listen to the teacher and follow instructions.
- 3) Mobile phones must be turned off during the lessons.
- 4) No eating or drinking in the classroom.
- 5) Speak English at all times.



Do I have to do homework?

Yes, you do homework every day.
It should take you around 20 minutes.



Class Attendance

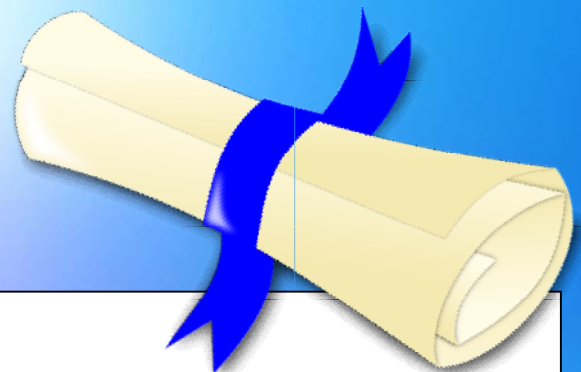
Attendance is expected at all classes and punctuality is essential. We have clear procedures in place for dealing with classroom attendance.

All teachers will take a class attendance at the beginning of class and straight after the break.

Any student that is not in class at this stage will be marked as being late on the attendance sheet.

The teacher will contact the Group Leaders immediately and inform them that a student is not in class.

The Group Leader will endeavour to locate the missing student and get him/her to class as soon as possible. This will usually entail, ringing the student's mobile number, contacting the host family or contacting the Bray Language Centre Office.



What do I get when I finish the course?

Students receive a certificate at the end of the course based on their teachers' assessment of their attainment at the level for which they have studied. The assessment is based on the teachers' observations and the students' weekly assessment(s).

The Activity Programme is divided into 3 parts:

Afternoons

Evenings

Weekends

Afternoon Activities

are organised for all students each afternoon from 13.00 to 17.00 approximately. All students are expected to attend and to participate fully.

During this time all activities will be supervised and led by Activity Leaders and Group Leaders.

In general, activities consist of half-day excursions to Dublin and other places of interest.



Evening Activities

Some groups choose to book evening activities, and others prefer their students to stay at home and spend some time with their host families.

Saturday Excursions

usually consist of a visit to a place of historic or cultural significance, and some free time for shopping and recreation in Dublin.



On **Sundays** students usually spend the day with the host family, or go on extra organised trips with their group leaders.

Students are expected to observe the following rules during activities and visits.

Always be on time.

Be careful crossing roads.

Speak English.

Listen to the Tour Guides and follow their instructions.

Wear your seat belt on buses, coaches and in cars.

Respect members of the public when on activities outside the school.

Sample Programme

Date	Time	Activity	Details
Sunday		Arrival	Bus Transfer to Bray
Monday	09:00 - 12:30	Classes	In School
	13:00 - 17:00	Book of Kells	Depart from school at 13:00
Tuesday	09:00 - 12:30	Classes	In School
	13:00 - 17:00	Irish Dancing	Depart from school at 13:00
Wednesday	09:00 - 12:30	Classes	In School
	13:00 - 17:00	St. Patrick's Cathedral	Depart from school at 13:00
Thursday	09:00 - 12:30	Classes	In School
	13:00 - 17:00	National Museum	Depart from school at 13:00
Friday	09:00 - 12:30	Classes	In School
	13:00 - 17:00	Dalkey Castle	Depart from school at 13:00
Saturday	10:00 - 12:30	Guinness Storehouse & Shopping in Dublin	Meet at school at 09:00
Sunday		Departure	Transfer to Airport by Bus

Host Family



We have taken care to choose a home where we think you will be happy. Living in an Irish home can be a very enjoyable experience, but you should be prepared to adapt as it will be different from living in your own home. The way you approach your hosts will influence how they approach you, so be polite and friendly, and willing to help.

How am I expected to behave with my Host Family?

We recommend that you join in family life as fully as possible and behave with respect and courtesy at all times.

Learn the house rules clearly at the very beginning i.e. use of kitchen & bathroom, laundry etc.

Always ask before taking something from the kitchen unless you are told otherwise. Never use the phone or internet without asking first.

Bathroom



Sometimes busy families need a rota system to manage the morning rush! Please be aware of others in the house and do not spend too long taking showers/ baths in the morning.

Be considerate of the time and hot water usage.

House Key



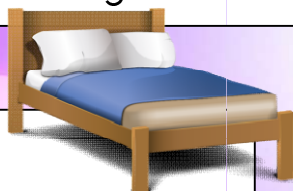
Unless you are over 18 you will not receive a key to the host family home.

Laundry



Laundry is done once a week. Be organised. Make sure you have enough clothes to last seven days.

Bedroom



Your host mother is not your maid! Your room will be cleaned and your bed linen changed once a week. In the meantime you are expected to keep your room tidy at all times.

Meals

Host families are expected to provide 3 meals a day for their student – breakfast, a packed lunch and dinner. We expect the family to provide a varied and nutritious diet. We would always recommend that you tell your Host Family of any special dietary requirements or about any particular likes/dislikes.



Breakfast:

Should consist of a combination of the following - milk, juice, cereals, yogurt, fruit, bread or toast and tea/coffee.

Packed Lunch:

Should consist of 2 sandwiches + fruit + a snack (chocolate bar or a pack of crisps) + juice/water/soft drink.

Dinner:

Home cooked meal with dessert or starter eaten with the host family.

Meal Times:

It is hoped that the family and the student would eat their meals (especially dinner) together. Students are expected to eat the same meals as the family, unless they have special dietary requirements. You must inform your host family if you intend to be late or if you will miss a meal.



Student Rules:

1. Students must pay for any damage caused in the host family home, in school, or while engaged in social or other activities.
2. Students must arrange their own travel insurance before arrival in Ireland against any expenses which might arise due to accident or illness, together with loss of luggage, personal effects and money.
3. You must carry your school contact card with you at all times.
4. Students are not allowed out after dinner in the evenings. (This rule does not apply if you are out with a responsible member of your host family, or if the programme indicates that there is an organised activity taking place for your group).
5. Your host parents have been instructed not to give you a key to the family home. Do not ask for one, nor should you request that a key be left out for you. (This rule does not apply to students 18 years of age or older. Also, if special circumstances apply, a key may be given after consulting with Bray Language Centre.)
6. Do not use the host family telephone or any other devices without first seeking permission.
7. Smoking is not allowed at any time either in school or in the host family home.
8. A student may be required to return home early at his/her parents'/guardians' expense in the event of a serious breach of school rules, including the possession or consumption of illegal substances or alcohol, or any behaviour deemed by the management of the school to be of a very serious nature.
9. All text books must be returned in acceptable condition on the last day of class. A charge of €20 applies for damaged or lost books.
10. You should not carry large sums of money or valuables with you. They should be locked in your luggage or left with the host family for safe keeping.
11. Students may not attend discos etc. unless they are organised by Bray Language Centre for their particular group.
12. Students are not allowed to go outside Bray at any time unless accompanied by their group leader.



What Happens If I Break The Rules?

If I am late for class or don't do my homework

You will get a warning the first time. The second time the teacher will report you to your group leader.

If I lose or deface my text book

You must pay £20.

If I damage school or host family property

You must pay to have the damage repaired or the item replaced, if necessary.

If I steal

Your group leader and parents will be informed, and the police will be contacted.

If I stay out later than I should

You may have detention during afternoon activities.

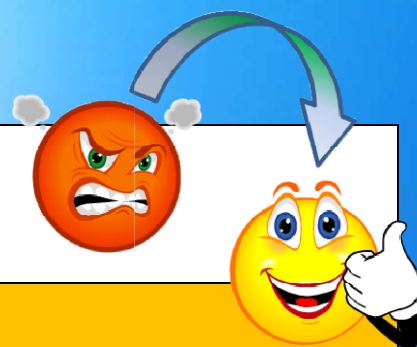
If I possess or use alcohol or illegal substances

You will be sent home at your parents' expense.










What Happens If I Have A Complaint?

Making a Complaint



About	Speak To	When
Tuition	Your Group Leader	Before the next class begins.
Activities Programme		In the morning before classes, at break time (11.00) or at lunch time (12.30).
Accommodation		In the morning before classes, at break time (11.00) or at lunch time (12.30).

What Should I Do If I Have A Problem?	
Problem	Talk To
 I don't like the food	Tell your host mother what you like to eat. If you find it difficult to do that, speak to your group leader.
 I am ill	If you are at home, speak to your host mother. at all other times, speak to your group leader. If it is a serious illness ring the emergency numbers on your ID card.
 I have hurt myself	At home, speak to your host mother. In school speak to your teacher or group leader. If you are seriously injured, ring the emergency numbers on your ID card.
 I don't get on with my room mate	Speak to your host mother or your group leader.
 I don't understand my teacher	Speak to your teacher after class and explain your difficulty. You can also speak with your group leader.
 My class is too easy or difficult for me	Speak to your teacher about it and explain your situation. If he/she thinks it appropriate, you will be moved to a different level.
 I am not happy with my host family	Speak to your group leader and they will try to resolve any problems you have.

About Ireland



Temperatures in the spring/autumn range from 5-15°C.



The unit of currency is the Euro.



Most shops open from 09.00-18:00 Monday to Sunday. Most convenience stores stay open until 21:00 or later.

Thank you!

You will make a very good impression by saying 'please' and 'thank you'!