

Host Family Information

Introduction

Thank you for hosting our student. We hope his/ her stay will be a happy one. The following guidelines and information are intended to be of help to you during your student's stay.

1. Please treat your student as you would like your own child to be treated were he/she staying with a family abroad.
2. Be warm and welcoming and take an interest in your student. Ask him/her about his/her family at home, the journey to Ireland etc.
3. Explain the rules of the house in a friendly and straightforward way at the beginning of the stay.
4. Your student should always eat with the family. Do not leave students to eat alone.
5. Remember to talk to your student. Ask him/her about school, homework, the trips they have been on etc. A little kindness goes a long way!
6. Give your student breakfast and a packed lunch and see him/her off each morning. Do not leave breakfast for them and require them to see themselves out.

Student Rules

1. Students must return home by 21:30 each night.
2. On evenings when they attend B.L.C. activities they must be home by 22:00.
3. Students under 18 must not receive a key to the family home, unless by arrangement with the school.
4. Students are not allowed to smoke in the host family home.
5. Students must not attend discos etc. which are not organised by B.L.C. Attending family functions with the host family is allowed.
6. Students must tell the host family where they are going when they leave the house.
7. Students are not allowed into Dublin at any time unless accompanied by their group leaders. If this is going to happen you will be informed about it in advance by the school.

Please enforce the rules in a strict but kind way. If you are in any doubt about anything, or if you have any concerns about your student's health or welfare, contact the school.

Food

Please find out at the beginning what your student likes to eat, and if they have any dietary requirements.

Recommendations:

- Breakfast: fruit juice, cereal, toast, fruit, tea/coffee
- Lunch: 2/3 sandwiches (varied fillings), fruit, a drink, yogurt
- Dinner: meat & veg., pasta, pizza & salad etc.
- Supper: tea/coffee, toast and jam / biscuits.

Generally speaking, the students should be served whatever the family is eating. If problems arise regarding likes/dislikes they should be dealt with sensibly. The most important thing is that students are served food which they will eat.